

Aroma Price List - Updated 10/18/16
(Price subject to change without notice)

Please know that that we use only top quality ingredients in all our products. Everything is either organic, wild crafted, or unsprayed. The essential oils that we use in our blends come from one of the top seven or so essential oil companies in the country. The company we prefer is called Aromatics International, and we welcome you to visit their site. It's packed with recipes and information on all the different oils! A truly wonderful company!

I do not use anything that even borders on synthetic in any of my products in an attempt to make them look like ones you would purchase in a spa or health food store. Many of my facial moisturizers will appear a bit oily at first, but they absorb into your skin. How wonderful! I try to include cocoa butter in as many products as possible. It is the one carrier that penetrates the skin layers deeper than most. Perfect for working on those wrinkles from a deeper layer.

All products are hand made with love in small batches and therefore will need a 24-48 hour notice. Many of the facial products will require refrigeration.



Essentials for Healing
aromas to awaken body, mind, and spirit

Health Care Products:

Keep Me Healthy Chest Rub - A salve filled with anti-infective oils to be used if you get exposed to someone with "a bug".

Price - 1/2 oz \$4.95; 1 oz \$7.95; 2 oz \$13.95

Keep Me Healthy Inhaler - An inhaler using a combination of three very powerful anti-infective oils. Portable and easy to carry in your purse or briefcase.

Price - \$4.95

Keep Me Healthy (Thieves) Stock Bottle - This is based on the Four Thieves blend. This stock bottle can be used to diffuse or to use in an inhaler.

Price - 5 ml \$28.95

Keep Me Healthy Disinfectant Spray - A powerful, yet pleasant smelling spray containing Eucalyptus and other antibacterial oils. It can be used to spray your phone, kitchen counters, bathroom areas, anywhere where germs might collect and grow.

Price - 4 oz \$10.95; 8 oz \$19.95

Hand Sanitizer - A wonderful, chemical free option to the chemical laden hand sanitizers in the stores. Plus it really works. Hands down our best seller! Made in a small enough size that you can pop it in your purse or briefcase. Can also be made in a milder blend for children over the age of five.

Price - 1 oz \$6.50; 2 oz \$10.50

SALE! Warming Chest Rub - A soothing salve for children over the age of five when they have a cough or cold.

Price - 1/2 oz ~~\$3.95~~ **\$2.37 (40% off!)**; 2 oz ~~\$13.95~~ **\$9.77 (40% off!)** *To be discontinued*

Eucalyptus Chest Rub - An aromatic, soothing salve to be used as a preventative or during times when you have a cold or cough. Helps to loosen mucus. Best used on warm skin (after bath or shower).

Price - 1/2 oz \$4.95; 1 oz \$6.95

Digestive Aid Blend - This soothing blend can be used in so many different situations. Made with a combination of essential oils providing a range of digestive support. It's wonderfully soothing for the occasional "Oh, I shouldn't have eaten that" situation or for when we might be nervous so can't digest well. The blend is small enough to take while traveling and great when you may eat food that you normally don't. We get a lot of repeat orders on this one. Kevin and I always have one handy!

Price - 1/2 oz \$9.95; 1 oz \$18.95

First Aid Products:

Kids Cuts and Scrapes Blend - A simple aloe based blend that is a wonderful addition to any mother's first aid kit. Easy to toss in your in a bag when going to the park, playing in the yard or going on a camping trip. Available in spray or pump.

Price - 1 oz \$5.95; 2 oz \$8.95

First Aid Salve - Used to keep those cuts and scrapes from getting infected. A general purpose first aid salve.
Price - 1/2 oz \$6.95; 1 oz \$12.95

Wound Healing Balm - A more high-powered healing balm that also contains healing oils as well as scar preventing oils. This product is amazing and in most cases significant relief occurs within 24 hours.
Price - 1/2 oz \$14.95 (*worth every penny!*)

Comfrey & Calendula Salve - The healing properties of both these herbal infused oils are well known. This wonderful healing salve can be used to assist in healing injuries, sprains, bruising, and to encourage healing of broken bones. A must in your medicine chest.
Price - 1/2 oz \$7.95; 1 oz \$14.95; 2 oz \$26.95

Burn Soothing Salve - A first aid must for those who tend to get burned while cooking. This salve will bring quick relief and help speed up healing. Store in the refrigerator for extra cooling effects and you will wonder how you managed without it!
Price - 1/2 oz \$5.95; 1 oz \$10.95

Sun Burn Soothing Spray - A cooling and healing combination of German chamomile and calendula flower tea, aloe gel, and lavender essential oil. This may be sprayed liberally and as often as needed for quick healing relief. Refrigerate between uses.
Price - 2 oz \$8.95; 4 oz \$15.95

Skin Infection Spray - A broad spectrum spray using essential oils that come at infection from many different angles. This spray can be customized to address specific needs (pricing may vary).
Price - 1 oz \$6.95; 2 oz \$10.95

Itch Stick - These amazing little sticks pack a lot of relief. A soothing, anti-infective and cooling blend of essential oils that bring instant relief for bug bites or stings. Also contains anti-itch essential oils. A must for those days in the garden or for hikes.
Price - \$3.95 per tube (0.17 oz)

Pain Relief Products:

Deep Joint Pain Relief - This formula is designed to help relieve deep joint pain such as found in arthritis, rheumatoid arthritis, and bursitis. The chemical components in the essential oils as well as some of the carriers address pain in different ways. Some inhibit the COX-2 enzyme and thereby reduce inflammation and pain. Others address muscle spasms and muscle tension. Some reduce swelling. Some help rheumatic pain while others boost the circulation so the blood can get to the areas of pain. All of the oils contain chemical components that address specific infective processes. We have found in our years of studying that there is usually an infective component to arthritis and that type of pain. Although this blend was designed for the above mentioned, it can also be used for severe pain caused by muscle spasms. For more generalized muscular pain, the Arnica Pain Relief Salve may be more tailored to your needs.
Price - 1/2 oz \$8.95; 1 oz \$16.95; 2 oz \$32.95

Arnica Pain Relief Salve - For muscular pain. Made with Arnica Oil as the base and also includes anti-spasmodic essential oils. For use after those hard yard work days and other physically overdoing situations.
Price - 1/2 oz \$10.95; 1 oz \$19.95

Rheumatic and Arthritic Pain Oil - This heavenly scented oil has brought relief to so many of our clients. One of the first times I made it was for Kevin as he was having severe pain in one of his joints. It smelled so good that I wanted to use it as a body oil. It has a base of trauma oil with added essential oils known for their pain relieving, anti-spasmodic, and anti-inflammatory properties.
Price - 1 oz \$24.95; 2 oz \$46.95

Special Skin Issues:

NEW! Deeply Nourishing Lip Repair - This product uses the most amazing and healing carrier oils and was originally formulated for a mother who had two daughter with severe lip reactions to an unknown irritant. The girls' lips completely cleared up within a short period of time. This is the perfect lip balm to soothe and repair cracked and peeling lips, swollen lips, and cracks on the sides of your mouth. It is very thick and luxurious and stays on your lips a long time. Deeply Nourishing Lip Repair contains small amounts of very healing essential oils. A winner for sure, and something that I always carry in my purse as the seasons change. Enjoy!
Price - \$5.95 per tube (0.17 oz)

Scar Fade-Away Butter - A butter containing wonderful healing oils and butters. If used over a period of six months or longer, it should significantly diminish any scarring.

Price - ½ oz \$14.95; 1 oz \$ 27.95; 2 oz \$55.95

Eczema/Dry Skin Balm - A wonderful blend of butters and oils mainly from Africa. My favorite butters and oils come from Africa. Truly amazing results.

Price - 2 oz \$25.95

Prevent & Protect Balm - This product took me 2 days to research. It contains a large number of wonderful ingredients. The carrier oils that I chose are skin nutritive, anti-infective, and just wonderful food for the skin. I also added essential oils that have anti-tumoral properties to them. One of them, Guava Leaf, has been studied for its anti-cancer constituents. And the Cranberry Seed Oil is a natural UV protectant. To be used 6 months or longer for an amazing effect.

Price - ½ oz \$10.95; 1 oz \$19.95

Skin Healing Lotion - An over all lotion that effectively address multiple skin issues. Rashes, outbreaks, those funny eruptions that you get for now reason at all. It has also helped people with persistent un- named skin problems.

Really good feed back on this product.

Price - 2 oz - \$20.95; 4 oz \$ 38.95

Irritated / Itchy Skin Balm - This balm can be used for all different types of dry skin issues. What makes this one different is the fact that I had to make it for a client to be able to use on her face. That presents some limitations because only a certain percentage of EO's can be used on the face. Any higher and the balm becomes irritating. So I had to get creative and sooth her very irritated skin using primarily the carrier oils and butters.

Price - ½ oz \$12.95; 1 oz \$23.95

Dry, Cracked Hand Salve - In the winter so many people have problem with their hands and finger tips splitting. It is so painful, and for those of us that have their hands in water so much, it seems impossible. What sets this wonderful salve apart from the hand and cuticle salve is the fact that it contains Argan oil, something that you won't often seen in a hand salve. But that isn't the full magic. You can apply this salve to your fingernails to help strengthen them and keep them from splitting. How cool is that?

Price - ½ oz \$9.95; 1 oz \$18.95

Emotional Support - I Feel Better Balm Series:

I made my first I Feel Better Balm back in February 2016. It was such a tremendous success that I decided to have this concept turn into the current series of I Feel Better Balms to address a wide range of emotional concerns. This is an ongoing series with new balms being added regularly.

I Feel Better Balm: Confidence - This balm is helpful in the area of confidence. Think how far reaching that can go. When we are more confident we are less stressed. If we are more confident, then people are more likely to treat us with respect. If we have more confidence and are living in a stressful situation, the dynamics of the whole relationship can change. And lastly if you are challenged with a chronic illness, being more confident will help take some of the charge out of the symptoms and allow more attention for other things that are more self fulfilling. Personally, I can't think of anyone that wouldn't benefit from this balm!

Price - ½ oz \$13.95; 1 oz \$25.95

I Feel Better Balm: Protected - This balm is appropriate for everyone whether they realize it or not. We all exchange energy in our interactions with each other. And sometimes this exchange of energy can leave us feeling drained and in a negative emotional state without really understanding why. With regular use of this formula, it will be like wearing a protective shield around you. You may find that issues you thought were yours, aren't at all. This balm is especially helpful for people whose energy is disturbed during sleep. It's a must for anyone who is energetically sensitive!

Price - ½ oz \$15.95; 1 oz \$29.95

I Feel Better Balm: Release - This formula was designed for those who have experienced chronic trauma in their lives and may still be experiencing it. Most people who have experienced trauma in their lives have a diminished sense of self-worth and true self-awareness. If we don't address the trauma in some way, we are less likely to reach our full potential. Living with chronic trauma takes a toll on our physical body as well often manifesting as disease. Continued use of Release helps us to regain our self-worth and invites those who interact with us to do so in a more honorable way. This balm changes our inner and outer world view helping us see more clearly.

Price - ½ oz \$10.95; 1 oz \$19.95

I Feel Better Balm: Soothe - Where Release was formulated for past or ongoing trauma, Soothe is for immediate trauma such as shock or grief. With regular use, this balms invites us to integrate the event into our being allowing us to safely open our hearts again, releasing the fear that the event has brought forth, and making room for the event to enrich our lives.

Price - ½ oz \$10.95; 1 oz \$19.95

I Feel Better Balm: Peace - Of all the balms I've made so far, my experience with Peace was the most profound and instantaneous. I made it on a morning in which I had a busy afternoon planned with events way outside of my comfort zone, yet I opted to intentionally go through with them. As I moved through these events, I found that I was almost a different person. As with Steady, I moved throughout the afternoon without resistances to situations that would normally be quite uncomfortable and might even walk away from. I arrived back home later than anticipated putting dinner and my evening routine about an hour behind schedule. The cascade of events that occurred as a result of being late evoked no response from me. I went to bed that night in complete harmony with the events of the day. With regular use, I've continued to experience the same kinds of results time and time again. This balm invites us to reunite with the inner sense of peace and non-resistance that exists in all of us. *Note: Not to be used if taking medications.*

Price - ½ oz \$13.95; 1 oz \$25.95

I Feel Better Balm: Steady - From my personal experience with this blend, the name is quite appropriate. After using it for only two weeks, I found myself surprisingly unaffected by situations that would have formerly put me in a negative emotional state. I simply had no response and was able to hold my space. I continue to use Steady on a daily basis and experience it's amazing benefits. I wouldn't go a day without it! This balm is perfect for a more hypersensitive type of person who needs to work through their issues in a slow and steady pace yet still see timely results. Also great for people that have difficulty making decisions and are easily swayed by others opinions. For anyone on medications, Steady is a good alternative to Peace.

Price - ½ oz \$11.95; 1 oz \$21.95

I Feel Better Balm: Harmony - Harmony is designed for relationships of all kinds, but more specifically intimate ones. As is the case with most of the I Feel Better Balms, this one was inspired by people in my life who are struggling. In this case, two of the people who are struggling are Kevin and I in our own marriage. The struggles in the marriages of some of our friends also influenced this blend. Life altering events, the death of a child, the near death of a spouse (the source of struggle in our marriage) can cause the "survivor" to wall his or her self off in order to survive the crisis. Many times these survivors end up being caregivers for a while. The suffering that comes from watching without being able to affect a long last change is unbearable. It can lead to feelings of hopelessness, depression, and certainly self-neglect. After years of stuffing their own emotions just to survive, these feelings need to be dealt with or the relationship is likely to end. The oils in Harmony help us to feel safe again, encourage a letting down of the walls, encourage a slow, gentle and safe opening of the heart while being protected by the energetic offerings of some of the other oils. Harmony can be used in any type of relationship. It works best when combined with the balm specific to the root cause of the struggle. In our case we are using Harmony with Release, Soothe, and Peace. It will also combine well with "Trust" to be released in the upcoming weeks. This balm works very well for more light hearted relationships, as well as before a job interview, or to help us get along on a deeper level with co-workers and family members. With Rose being one of the primary oils in this blend, Harmony is all about love. And we all could do well to love more often and more deeply!

Price - ½ oz \$12.95; 1 oz \$23.95

Other Emotional Support Blends:

Anger / Forgiveness Belly Rub - Anger and resentment are emotions that have been linked to cancer. I think everyone would agree that these types of emotions eat at you. I formulated this blend specifically for a client who was needing to forgive the person they held so much anger toward. I've always said the deepest love comes from true forgiveness. As I continue to work with so many of my clients as well as myself in the area of forgiveness, this has become an invaluable tool. For me, I experience immediate relaxation in my belly and legs, improved digestion and elimination, and less judgement toward situations in my life allowing me to be more accepting.

Price - ½ oz \$6.95; 1 oz \$12.95

Transcend Solid Perfume - Making this sacred solid perfume was quite a journey. Transcend is made from many of the ancient sacred essential oils. These oils, Frankincense in particular, have been used so long in history that our bodies recognize them. One of the intentions behind this perfume is to help a person either transcend a life altering event or to hold their space in a better, calmer way. Another of the intentions is to assist a person who has been under so much stress for so long, that in order to make it through this time they have had to separate themselves to

maintain any sort of balance. Transcend invites the unity of body, mind and spirit. I use this multiple times during the day to help me manage stress and to stay more emotionally stable. At night, I use it to help me sleep. The deep, rich vanilla aroma with its sandalwood and frankincense undertones is amazing and magical. It is a powerful and life changing perfume that will assist you in your journey. It's my belief that everyone would benefit from using Transcend.

Price - ½ oz \$12.95; 2 oz \$38.95

Adrenal/Hormone/Stress:

Reset & Rejuvenate - Many of us live lives in which we wish there were more hours in our days. After talking to a very dear woman who was living such a life, with very active children and no time for herself, I knew I had to make a formula for these wonderful but depleted people. When people use this balm, most will feel an instant boost in their energy. They also find stressful situations are less depleting and notice a greater ability to stand their ground and find their sense of inner strength. This formula has been a huge success as it energizes in a very supportive way. Best not to be used within 5 hours of bedtime.

Price - ½ oz \$13.95; 1 oz \$26.95

Wise Woman Balance Balm - I have been wanting to make a blend for menopausal and post menopausal woman for a very long time. And now it's done! When I was choosing the oils and carrier, I attempted to use oils to soothe the things that so many woman go through during this time of their lives. I had to make sure that my carriers were cooling. I wanted to address and support the brain fog that often happens during this time. I especially wanted to boost the adrenals. I also wanted to use a liver tonifying oil and also a feel good oil. Lastly I wanted to touch on the thyroid.

Price - ½ oz \$8.95

Adrenal Balance Balm - I must admit that this was a challenging blend to make. It can be used as a stand alone blend, but I am also wanting my ladies who are using the Wise Woman Balance Balm to augment their approach with the adrenal aspect of this blend. When we go through menopause, it can be such a challenge for our already taxed out adrenals to take up the slack for the ovaries. These days, most of us could use some help in that department. When making this blend I had to take into consideration things that will pull the adrenals out of balance. Stress is a given. Digestion is also a large factor. Finally, sleep and mood must also be addressed to have a complete adrenal formula. This blend includes oils for each of these concerns. Enjoy!

Price - ½ oz \$10.95; 1 oz \$20.95

Happy Liver Salve - The liver plays such a significant role in not only our physical health, but also our emotional health. Anger is a classic symptom of a congested liver. In both sexes, a congested liver affects our relationships with others especially if our hormones aren't being processed effectively. The essential oils used in this formula contain chemical components that help to protect the liver, help if our liver is getting toxic, and help the liver metabolize more smoothly. This salve is great liver tonifier and works well with Wise Woman Balance Balm and Adrenal Balance Balm (Phase 1). Note: Not to be used if you are taking prescription medication.

Price - ½ oz \$10.95; 1 oz \$19.95

Bath & Body Care:

Herbal Shampoo - This herbal shampoo is unlike any shampoo you have used before. A very strong, herbal infused tea makes up a little under half of the volume of the shampoo making it amazing and so healthy for your scalp and hair. The herbs used will vary to meet your hair type and needs. I make it for several neighbors who love it. It is not uncommon for one of them to appear at my door with an empty bottle asking for more. This shampoo leaves your hair squeaky clean and incredibly soft and shiny. No conditioner needed.

Price - 8 oz \$11.95 (*essential oils can be added; extra charge*)

Lemon Soufflé Body Scrub - This fun, clay based body scrub smells wonderful and feels so good on the skin. The poppy seeds and flax meal gently exfoliate the skin while the clays help clean the skin. The added Marula oil is helpful to soothe any skin irritations. Rosemary and Lemon essential oils are added to help with any bacteria and help drive the nourishing carrier oil deeper into the skin. You will love this odd looking scrub that will leave your skin soft, clean and invigorated.

Price - 4 oz \$11.95

Natural Deodorant Stick (Woody or Citrus) - Keep smelling fresh by using anti-bacterial essential oils rather than chemical. You only need a tiny amount so it would be reasonable to expect a tube to last 6 months or more. You may need to re-apply in hot or stressful times.

Price - 2.65 oz tube \$9.95

Relaxing & Uplifting Body Butter - This body butter is a very simple blend using relaxing essential oils. The first oil you may smell with this butter may be orange. Everyone has a little different nose. The Relaxing & Uplifting Body Butter goes on very light and smooth. When applied to damp skin, it leaves your skin feeling soft without a greasy feeling. This being my favorite body butter is what inspired me to make this line. I found a 2 ounce jar that I had made at the very beginning of my studies. I opened it thinking that it would be too old to sell, only to find that I loved it! So I made myself a batch with some left over to sell and sold out in a few days. Perfect for a winter blues or rainy, gloomy day. *Directions - Apply a light layer to still slightly damp skin after your shower or bath. Then enjoy your day.*
Price - 1 oz \$5.95

Winter Energy & Immune Boost Body Butter - This body butter has a lovely woody aroma. The base is the same as the Relaxing & Uplifting Body Butter. The primary essential oil in it is Black Spruce which is a wonderful adrenal tonic. It's a match if you are fighting fatigue and also wanting to keep your immune system tonified. Other oils in the blend invite us to move out of the winter blah/blues into inspiration and motivation. Good energy and immune boost for any time of the year. *Directions - Apply a light layer to still slightly damp skin after your shower or bath. Then enjoy your day.*
Price - 1 oz \$6.95

I Feel Cold & Achy Body Butter - This butter is wonderful to help get the circulation going as well as the energy in your body. One oil assists with muscle spasms although if that is a chronic problem, I would use a more specific product like the Arnica Pain Relief Salve. If you get a cold or flu, this blend is especially soothing to rub on your body after a warm bath. The base is the same as the two butters above. *Directions - Apply a light layer to still slightly damp skin after your shower or bath. Then enjoy your day.*
Price - 1 oz \$6.95

Skin & Beauty Products:

What would a basic skin care regime look like to someone first starting? When working with my skin care products, I like to use a three step approach. Within this approach, you may select which items best suit your needs or wants.

Step 1: Wash Step 2: Tonify Step 3: Moisturize

I'm a great believer in masks and have experienced a significant change in the texture and look of my face with regular use of my type of masks. By using these masks, you can open and clean your pores more deeply while providing deep nourishment to your skin. To achieve healthier looking and feeling skin more quickly, try using a mask 2-3 times weekly. Masks should be done between step 1 and step 2.

Below I have put together possible combinations of skin care products. I include the products that I feel are best suited to the age group mentioned. You are free, of course, to mix and match! Feel free to call me if you need help or suggestions for your own custom combination.

Young Skin Care (approximate ages 10-25):

Acne Face Wash - Refreshing, gentle facial cleanser made of aloe vera, coconut soap and small amount of poppy seeds to gently keep pores clean. This combined with juniper (antiseptic) lime (astringent) and lavender (bactericidal) make this face wash so much more skin friendly than the harsh chemical sold on the market that can leave your skin ultimately more out of balance.
Price - 2 oz \$9.95; 4 oz \$15.95

Acne Trouble Shooter - A very simple but effective aloe based product containing essential oils antiseptic, antibacterial, and astringent properties. To be applied directly on the problem area. Convenient and portable.
Price - 1 oz \$7.95

Rhassoul (Red) Clay Mask - A wonderful antioxidant face mask. Useful with any skin condition such as acne, sunspots, or any visual discoloration. Even if you have none of these, adding a bi-weekly use of this mask will help keep away the effects of those pesky contaminants that are in our air. This mask contains Marula Oil so will not overly dry out the skin. This can be made without any oils for teenagers who may be dealing with oily skin.
Price - 1/2 oz \$5.95

Peppermint & Lemon Balm Facial Toner - So refreshing! To be used after the face wash and mask if you are using a mask that day. Can be used alone during the day for a quick pick me up. Great for the body and hands also!
Price - 2 oz spray \$2.95; 4 oz \$4.95; 8 oz \$6.95

Adult Skin Care (approximate ages 25-40):

This is a pivotal time to take good care of your skin. Many in this age group are busy with work, raising a family, etc. A good natural skin care regime during these years will reward you with younger, healthier skin in later years.

Avocado & Green Clay Facial Cleanser - A wonderfully refreshing light wash. With the addition of the French Green Clay, you get the fresh feel of a mask without the time needed to do one. I love this wash! So does my husband. The highly penetrating and deeply nourishing properties of the Avocado Oil combine perfectly with the mineral rich Green Clay leaving your skin nourished and soft.
Price - 4 oz \$14.95

French White / French Green Clay Facial Mask - My all time favorite mask. These two clays are wonderful together! The light, fluffy, and absorbent properties of the French White Clay help to hold the nourishing oil. The French Green Clay is packed with wonderful minerals. A great combination. Add in avocado oil and after rinsing off this mask, you will find yourself pleasantly surprised.
Price - 1/2 oz \$5.95

Calendula & Chamomile Facial Toner - A gentle and soothing facial toner. To be used liberally after washing your face. This toner is my favorite "all body" toner. Soothing and moisturizing. Use it after your shower and before applying body lotion to add an extra layer of protection layer to keep your skin moisturized all over. Can be used by itself during hot & sticky weather or on your hands for a non-greasy softness.
Price - 4 oz \$3.95

Eye & Face Cream - A soft, silky cream made with a wide array of skin nourishing butters and oils with a hint of Rose. Sure to please all skin types. A little goes a long way.
Price - 1/2 oz \$5.95

Palm Kernel Cream - The secret ingredient in this very different cream is Cranberry Seed Oil. This oil has amazing properties that I now want to put into all my products. It contains a perfect ratio of omega 3's and 6's, is quickly absorbed into the skin, and is helpful for all skin issues (or perfect skin). This cream will go well under make-up as it will leave your skin nourished but with more of a matte look. Other home made facial products can leave your skin a bit shiny. Also works well as an eye cream.
Price - 1/2 oz \$5.95; 1 oz \$8.95

Whipped Aloe Cream - The first time I made the Whipped Aloe Cream, I didn't care for it, so I gave most of it away. When the people whom I gave it to kept asking for more, we made another batch. It didn't take long before we sold out. The Whipped Aloe Cream is a very versatile cream. We can make it for the face or we can make it as a body butter depending on how many essential oils we add. We can make it using your favorite scent as the base recipe is very uncomplicated aroma wise. This cream is much lighter in texture than the Whipped Shea Butter. I always try everything I make so that I have first hand experience with each product. For me personally, I use the Whipped Aloe Cream mostly on my face and the Whipped Shea Butter on my feet, arms, and neck.
Price - 1/2 oz \$5.95; 1 oz \$10.95

Mature / Dry Skin (menopause age and older):

Argan / Aloe Face Wash - A wonderful new way to wash your face! I will admit that it took me a day or two to get used to washing my face with an oil based product, but I quickly became addicted to the refreshing feeling, wonderful aroma, and softness left after using this face wash. I believe that you will also become a great fan! Quite popular with my ladies in this age group.
Price - 1 oz \$10.95; 2 oz \$19.95

French Green Clay Mask - A wonderful mineral rich mask. Unlike most facial masks it is made with Argan Oil so it will clean your pores and firm and nourish your skin without leaving your face dry. Great for mature skin but can be used with all skin types.
Price - 1/2 oz \$5.95

Rhassoul (Red) Clay Mask - A wonderful antioxidant face mask. Useful with any skin condition such as acne, sunspots, or any visual discoloration. Even if you have none of these, adding a bi-weekly use of this mask will help keep away the effects of those pesky contaminants that are in our air. This mask contains Marula Oil so will not overly dry out the skin. This can be made without any oils for teenagers who may be dealing with oily skin.
Price - 1/2 oz \$5.95

By including both of these masks in your facial skin regime, you can provide nourishment to the skin (French Green Clay) and also address any discoloration as a result of oxidative stress (Rhassoul (Red) Clay).

(Options for mature / dry skin moisturizers)

Anytime Moisturizer - This moisturizer is very simple yet profoundly nourishing. Goes on with a luxurious and velvety glide. The essential oils included in this moisturizer are used to encourage the wonderful nutrients in the product to penetrate the skin rather than to fragrance it. Isn't it cool that there are essential oils that help move nutrients into the skin? This was one of the first moisturizers I made and remains one of my favorites.

Price - ½ oz \$4.95; 1 oz \$8.95

Luscious Face & Body Butter - This wonderfully smelling and amazing product is made with similar oils and butters to the Anytime moisturizer but the addition of palm kernel oil will soon make this butter a must have in your facial regime. Available unscented or my favorite, scented, with just a hint of Patchouli, Vetiver, and Cedarwood - yum! Good for both daytime and nighttime use, but I tend to use it in daytime as it is lighter than some of the others.

Price (unscented) - 5 ml \$3.95; ½ oz \$5.95; 1 oz \$8.95; 2 oz \$15.95

Price (scented) - ½ oz \$6.95; 1 oz \$12.95

Whipped Cocoa Butter Face Cream - What could be better than using a face cream that smells like chocolate? This is deeply nourishing, penetrates both the epidermal and sub epidermal layer of your skin making it a wonderful anti-aging cream. Using multiple products containing cocoa butter will have a cumulative effect resulting in skin with less visible lines. Best for nighttime use.

Price - ½ oz \$4.95; 1 oz \$6.95; 2 oz \$10.95

Whipped Shea Body Butter - This is fast becoming my favorite dry weather facial moisturizer. Every time I use this product, my husband compliments me on how beautiful my skin looks. The Whipped Shea Butter is delightful with a hint of lavender aroma. Just putting your finger into the jar is pure bliss! It is so velvety. The Whipped Shea Butter contains essential oils that make it wonderfully moisturizing for your skin. It has a firm texture that melts and absorbs right in leaving your skin extremely soft without any oily or greasy feeling. This is a "must try" moisturizer. You going to love it!

Price - 1 oz \$8.95; 2 oz \$15.95

Eye & Face Cream - A soft, silky cream made with a wide array of skin nourishing butters and oils with a hint of Rose. Sure to please all skin types. A little goes a long way.

Price - ½ oz \$5.95

Sensitive Skin (for skins of all ages):

Avocado Oil & Flax Face Wash - The wonderful and gentle skin nourishing Avocado oil along with oil with a bit of gentle coconut soap and again gentle exfoliating flax meal.

Leaves your skin feeling fresh and clean without being dried out.

Price - 2 oz \$4.95; 4 oz \$6.95

White Kaolin Clay Mask - The mildest of all clays. Perfect for sensitive skin but still allows for the removal of impurities from the skin. Unlike most masks it is made with Avocado Oil, so it will clean your pores and firm and nourish your skin without leaving your face dry.

Price - ½ oz \$5.95

Calendula & Chamomile Facial Toner - A gentle and soothing facial toner. To be used liberally after washing your face. This toner is my favorite "all body" toner. Soothing and moisturizing. Use it after your shower and before applying body lotion to add an extra layer of protection layer to keep your skin moisturized all over. Can be used by itself during hot & sticky weather or on your hands for a non-greasy softness.

Price - 4 oz \$3.95

Palm Kernel Cream - The secret ingredient in this very different cream is Cranberry Seed Oil. This oil has amazing properties that I now want to put into all my products. It contains a perfect ratio of omega 3's and 6's, is quickly absorbed into the skin, and is helpful for all skin issues (or perfect skin). This cream will go well under make-up as it will leave your skin nourished but with more of a matte look. Other home made facial products can leave your skin a bit shiny. Also works well as an eye cream.

Price - ½ oz \$5.95; 1 oz \$8.95

Whipped Aloe Cream - The first time I made the Whipped Aloe Cream, I didn't care for it, so I gave most of it away. When the people whom I gave it to kept asking for more, we made another batch. It didn't take long before we sold out. The Whipped Aloe Cream is a very versatile cream. We can make it for the face or we can make it as a body butter depending on how many essential oils we add. We can make it using your favorite scent as the base recipe is very uncomplicated aroma wise. This cream is much lighter in texture than the Whipped Shea Butter. I always try everything I make so that I have first hand experience with each product. For me personally, I use the Whipped Aloe Cream mostly on my face and the Whipped Shea Butter on my feet, arms, and neck.

Price - ½ oz \$5.95; 1 oz \$10.95

Eye & Face Cream - A soft, silky cream made with a wide array of skin nourishing butters and oils with a hint of Rose. Sure to please all skin types. A little goes a long way.

Price - 1/2 oz \$5.95

Other Products:

Laundry Basket Disinfectant Spray - This recipe comes from the elective that we took as part of our studies. It was a course on green living and it was packed with wonderful recipes. This one became a favorite. The idea of taking a basket of dirty laundry, washing it and putting the clean laundry back in the same basket became un-appealing. Now each time I do laundry, I give the basket a quick spray and by the time the laundry is finished, the basket is dry. Besides using this disinfectant spray for laundry baskets, it can also be used for trash cans, re-cycling bins, diaper pails, etc. It smells really nice and disinfects at the same time. I am guessing that one 8 ounce bottle will last about 4-5 months, depending on how much you use it.

Price - 8 oz \$9.95

Sponge Disinfectant Kitchen Spray - I use an e-cloth sponge to wash my dishes. I love it but it takes a long time to dry. So at the end of the day, when the last dish is washed for the day, I spray my sponge with this spray. So does the director of my school. I haven't had a smelly sponge since. This spray can also be used on your kitchen counters, to wipe out your refrigerator (spray on sponge or directly on shelves and walls) or on any other kitchen or bathroom areas. Just do not allow this spray to come in direct contact with food.

Price - 2 oz \$6.95

Wood Furniture Polish - Wonderful woody scent with amazing results. Much different than traditional lemon oil.

Price - 1 oz \$7.95